

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO



COURSE OUTLINE

COURSE TITLE: Family Experience of a Chronic Health Challenge

COURSE NUMBER: NURS 1007 **SEMESTER:** 2

PROGRAM: Collaborative BScN

AUTHORS: Brenda Warnock in collaboration with Cambrian College, Laurentian University and Northern College

DATE: Jan/09 **PREVIOUS OUTLINE DATED:** Jan/08

APPROVED: "Fran Rose"

	<u>CHAIR, HEALTH PROGRAMS</u>	<u>DATE</u>
TOTAL CREDITS:	3	

PREREQUISITE(S): NURS1004

COREQUISITE(S):

HOURS/WEEK: 3 (Plus 10 Hours Community Family Clinical Experience)

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For additional information, please contact the Chair, Health Programs
School of Health and Community Services
(705) 759-2554, Ext. 2689

I. COURSE DESCRIPTION:

This course focuses on concepts related to the family's lived experience with a chronic health challenge, health promotion and the determinants of health. Emphasis is placed on the development of critical thinking skills in relation to critiquing the literature. Learners will participate in health assessment of individuals and families following a recognized framework in order to explore the meanings of health for individuals and their family members. A variety of activities related to the nurse's role in promoting and maintaining health in lives complicated by chronic health challenges will be provided.

II. LEARNING OUTCOMES AND ELEMENTS OF THE PERFORMANCE:

ENDS IN VIEW

This course will introduce learners to the two dominant knowledge paradigms and the process of concept analysis. Learners will have the opportunity to develop the ability to access relevant literature and develop scholarly writing skills. Through the process of family assessment, learners will have opportunities to gain insight into people's experiences with chronic health challenges focusing on the concept of caring in this context.

PROCESS

The faculty's intent is that a caring relationship will develop between the teacher and learner, indicative of the type of relationship that learners will be developing with their clients. It is hoped that learners will understand that caring involves challenge, critical thinking and nurturing and that this will be the nature of the relationship in the seminars. It is expected that learners will, access and examine relevant literature and share their practice experiences in class each week. Preparation for class will contribute to the quality of the learning activity experiences and will facilitate success in the course. The learners will be encouraged to engage in the reflective process.

This course is supported with the Learning Management System LMS.

III. TOPICS:

The course will be organized around the following concepts

Class Content

Week 1 Jan 15	Introduction to NURS1007 Family - CFAM
Week 2 Jan 22	Concept Analysis
Week 3 Jan 29	Chronicity and Ways of Knowing
Week 4 Feb 5	Family - Patterns / Roles / Role Challenges
Week 5 Feb 12	Family -Family Care Givers Time / Transitions Literature Searches and Reviews
Week 6 Feb 19	<i>Assignment #1 due by 1330hrs at beginning of class</i> Perception Part 1 – Self-image / Self-esteem / Stigma / Normalization
Week 7 Feb 26	WINTER STUDY BREAK
Week 8 Mar 5	Perception Part 2 – Pain / Suffering / Comfort
Week 9 Mar 12	Independent Study
Week 10 Mar 19	<i>Assignment #2 Part A due at beginning of class</i> Perception Part 3 – Loss/Grieving
Week 11 Mar 26	Hope/Courage/Spirituality
Week 12 April 2	Compliance/Adherence
Week 13 Apr 9	<i>Assignment #2 Part B due at 1530hrs in D1093</i> Health Promotion: Pulling it all together

Sequencing of topics/assignments/ subject to change based on teaching/learning needs.

IV. REQUIRED RESOURCES/TEXTS/MATERIALS:

Required Texts:

College of Nurses of Ontario. (2008). *Therapeutic nurse-client relationship: Revised 2006*. Toronto, ON: Author
(can be found in Compendium of Standards at www.cno.org)

Cutcliffe, J., & McKenna, P. (Eds.). (2005). *The essential concepts of nursing*. Toronto, ON: Elsevier.

Registered Nurses' Association of Ontario, (2002). *Client centred care*. Toronto, ON: Author.
(can be found in RNAO Best Practice Guidelines at www.rnao.org) pp. 12 – 24 are essential reading pages and pp.2-3 in Revised 2006 supplement found at end of document)

Registered Nurses' Association of Ontario, (2002). *Establishing therapeutic relationships*. Toronto, ON: Author.
(can be found in RNAO Best Practice Guidelines at www.rnao.org) pp. 12 - 25 are essential reading pages and pp. 2-3 in Revised 2006 supplement found at end of document)

Wright, L.M., & Leahy, M. (2005). *Nurses and families: A guide to family assessment and intervention (4th ed.)*. Philadelphia, PA: F.A. Davis.

Recommended Texts:

Lubkin, I.M., & Larsen, P.D. (Eds.). (2006). *Chronic illness: Impact and interventions (6th ed.)*. Mississauga, ON: Jones and Bartlett.

Assigned articles and readings:

Readings and learning resources from NURS 1206, 1056 and 1006.

Supportive Readings: on reserve in library, found on relevant databases or to be handed out in class.

V. EVALUATION PROCESS/GRADING SYSTEM:

Evaluation Tool	Due Date	Marks
Assignment # 1: Description of Family With a Chronic Health Challenge	Feb 19 at beginning of class	40%
Assignment #2: Part A Descriptive Literature Review (2 Articles)	Mar 19 at beginning of class	10%
Assignment #2: Part B Chronic Illness Concept Paper	April 9 at beginning of class	50%
Laurentian Library On-Line Workshop	To Be Announced	S/U
Family Visits	All 3 Completed by April 3 rd	S/U

In order for students to receive a final grade for NURS1007 all evaluation components must be completed.

Please refer to Student Manual and Course Evaluation and Learning Activity Package for policies regarding assignments.

All assignments are due at the beginning of class on the designated date unless instructed otherwise. Extension requests must be made prior to the due date and time and must be in writing. Written requests via the course LMS are acceptable with permission from the course professor and must include a new due date and time. Extension penalties for non extenuating circumstances will be 10% per day including weekends and holidays.

Up to 10% will be deducted for APA errors. Each different type of error is a deduction of 0.25 up to a total of 10%.

An electronic copy of each assignment must be emailed to the course professor via the course LMS site by the due date and time.

A hard copy of each assignment must be submitted to the professor by the due date and time as instructed. The hard copy is marked.

Assignments not emailed to the course professor via the LMS course site and handed in as a hardcopy will be considered late and program policies regarding late assignments will apply.

Punctual and regular attendance at classes is highly recommended as a success strategy in this course.

**Community Experience 10 hours: Resource Family
Resource Family Experience**

Throughout the course, in pairs, learners will visit with a family living with a chronic health challenge. This experience provides an opportunity to gain insight into people’s experiences with chronic health.

In order to achieve a passing grade in this course, a minimum of three satisfactory (3) visits are to be completed with this family, one of which is supervised by a nursing faculty member.

Both students need to attend each family visit. Students must have their resource family by January 29. The first visit must be completed by the end of Week 4 and all three visits must be completed by April 3. Students are expected to send a letter to their family thanking them for their participation in their learning. Additional information about family visits can be found in the course evaluation and learning activity package.

Note: Students must have all clinical/home visit requirements (as described in the Student Manual pp. 36-37) prior to beginning family visits.

The following semester grades will be assigned to students in post-secondary courses:

<u>Grade</u>	<u>Definition</u>	<u>Grade Point Equivalent</u>
A+	90 – 100%	4.00
A	80 – 89%	3.00
B	70 - 79%	2.00
C	60 - 69%	1.00
D	50 – 59%	0.00
F (Fail)	49% and below	
CR (Credit)	Credit for diploma requirements has been awarded.	
S	Satisfactory achievement in field /clinical placement or non-graded subject area.	
U	Unsatisfactory achievement in field/clinical placement or non-graded subject area.	
X	A temporary grade limited to situations with extenuating circumstances giving a student additional time to complete the requirements for a course.	
NR	Grade not reported to Registrar's office.	
W	Student has withdrawn from the course without academic penalty.	

NOTE:

For such reasons as program certification or program articulation, certain courses require minimums of greater than 50% and/or have mandatory components to achieve a passing grade.

It is also important to note, that the minimum overall GPA required in order to graduate from a Sault College program remains 2.0.

All NURS courses require 60% for a passing grade.

All science courses, including BIOL2105, BIOL2111, CHMI2220 and elective courses require 50% for a passing grade.

VI. SPECIAL NOTES:

Disability Services:

If you are a student with special needs (e.g. physical limitations, visual impairments, hearing impairments, or learning disabilities), you are encouraged to discuss required accommodations with your professor and/or the Disability Services office. Visit Room E1101 or call Extension 2703 so that support services can be arranged for you.

Tuition Default:

Students who have defaulted on the payment of tuition (tuition has not been paid in full, payments were not deferred or payment plan not honoured) as of the first week of March will be removed from placement and clinical activities. This may result in loss of mandatory hours or incomplete course work. Sault College will not be responsible for incomplete hours or outcomes that are not achieved or any other academic requirement not met as of the result of tuition default. Students are encouraged to communicate with Financial Services with regard to the status of their tuition prior to this deadline to ensure that their financial status does not interfere with academic progress

Retention of Course Outlines:

It is the responsibility of the student to retain all course outlines for possible future use in acquiring advanced standing at other post-secondary institutions.

Communication:

The College considers *LMS* as the primary channel of communication for each course. Regularly checking this software platform is critical as it will keep you directly connected with faculty and current course information. Success in this course may be directly related to your willingness to take advantage of the *Learning Management System* communication tool.

Plagiarism:

Students should refer to the definition of “academic dishonesty” in the *Student Code of Conduct*. Students who engage in “academic dishonesty” will receive an automatic failure for that submission and/or such other penalty, up to and including expulsion from the course/program, as may be decided by the professor/dean. In order to protect students from inadvertent plagiarism, to protect the copyright of the material referenced, and to credit the author of the material, it is the policy of the department to employ a documentation format for referencing source material.

Course Outline Amendments:

The professor reserves the right to change the information contained in this course outline depending on the needs of the learner and the availability of resources.

Substitute course information is available in the Registrar's office.

VII. PRIOR LEARNING ASSESSMENT:

Students who wish to apply for advance credit transfer (advanced standing) should obtain an Application for Advance Credit from the program coordinator (or the course coordinator regarding a general education transfer request) or academic assistant. Students will be required to provide an unofficial transcript and course outline related to the course in question.

Credit for prior learning will also be given upon successful completion of a challenge exam or portfolio.

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SAULT STE. MARIE, ONTARIO**

NURS1007 COURSE OUTLINE AMENDMENT

Date: Feb/09

Previous Outline Dated: Jan/09

Approved:

“Fran Rose”
Chair, Health Programs

Feb. 3, 2009
Date

III. TOPICS

The course will be organized around the following concepts

Class Content

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Week 7 Feb 26	WINTER STUDY BREAK
Week 8 Mar 5	Perception Part 2 – Pain / Suffering / Comfort
Week 9 Mar 12	<i>Assignment #1 due Monday, March 9th by 1230hrs in D1093</i> No class: Independent Study
Week 10 Mar 19	<i>Assignment #2 Part A due at beginning of class</i> Perception Part 3 – Loss/Grieving
Week 11 Mar 26	Hope/Courage/Spirituality
Week 12 April 2	Compliance/Adherence
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Sequencing of topics/assignments/ subject to change based on teaching/learning needs.

V. EVALUATION PROCESS/GRADING SYSTEM:

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Assignment #2: Part B Chronic Illness Concept Paper	April 9 at beginning of class	50%
Laurentian Library On-Line Workshop	March 19 at beginning of class	S/U
Family Visit	Completed by March 9	S/U

In order for students to receive a final grade for NURS1007 all evaluation components must be completed.

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In this course, in pairs, learners will visit with a family living with a chronic health challenge. This experience provides an opportunity to gain insight into people's experiences with chronic health.

In order to achieve a passing grade in this course a satisfactory home visit must be completed. The visit is supervised by a nursing faculty member.

Both students need to attend the family visit. Students must have their resource family by Feb. 9th. The home visit must be completed by March 9th. Students are expected to send a letter to their family thanking them for their participation in their learning. Additional information about the family visit can be found in the course evaluation and learning activity package.

Note: Students must have all clinical/home visit requirements (as described in the Student Manual pp. 36-37) prior to making the family visit.